

# Dealing with Damp, Mould & Condensation





### What is condensation

Condensation occurs when warm, humid air comes into contact with a cold surface, like a window or an external wall, causing water to form and run down as droplets. Moisture that remains on walls can lead to the growth of black mould.

### How do I know it's condensation?

If the surface is cold and wet, it's likely condensation is the cause. There might be places where wallpaper is peeling due to moisture. Look for areas on your wall with clouds of little black spots – this is mould caused by condensation.

### Areas likely to be affected by condensation



Most commonly, rooms where a lot of steam is produced, such as kitchens and bathrooms.



Cold surfaces such as mirrors, windows and window frames.



Outside walls, walls in unheated rooms, corners of rooms, behind furniture.



In wardrobes and cupboards

## REDUCE CONDENSATION THROUGH

# H.I.V.E



## H

### HEATING

→ Try to keep temperatures in all rooms to above 18°C when you are using them – this will reduce condensation forming.

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## I

### INSULATION

→ This will stop heat escaping through walls, ceilings and windows, making it easier and cheaper to keep the home warm:

- Lay carpet with a thick underlay to insulate floors
  - thick, heavy lined curtains can help to insulate your windows
  - Consider door curtains and draft excluders, if necessary
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## V

### VENTILATION

→ This will allow moisture-filled air to escape and be replaced with fresh air. Make sure vents and airbricks are not covered or blocked, use the extractor fans installed.

A good habit is to open up your windows on either side of your home in the morning for a short time allowing moist air to escape and to repeat this once in the early evening.

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## E

### EXCESS MOISTURE

→ Use extractor fans that are installed, be aware of shutting doors while showering or cooking, put lids on pots and pans when cooking, avoid drying washing indoors, if possible.

Consider using a dehumidifier in rooms which are prone to condensation or in rooms where you do dry washing. If you have tried all the above, but the damp and condensation isn't going away, then please contact the LRHA Repairs Team.

## How to deal with black mould

If you have black mould in your home, please notify LRHA straightaway via **01790 754219** or **Repairs@lrha.co.uk**

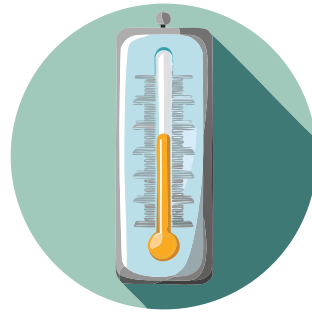
You will be asked about the location of the mould and to provide pictures via your smartphone if that is possible.

You can remove by wiping the affected areas with mould removal spray yourself, and you should always check the manufacturer's instructions. LRHA will visit to inspect and investigate the causes of the mould growth enabling us to rectify the issues and prevent reoccurrence.

# Top Tips to reduce condensation



Open window trickle vents during the day or when going out or leave a window open for at least 10 minutes every day.



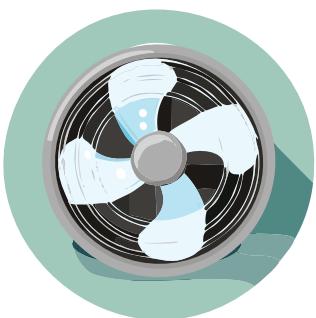
Take shorter and cooler showers as this will produce less steam.



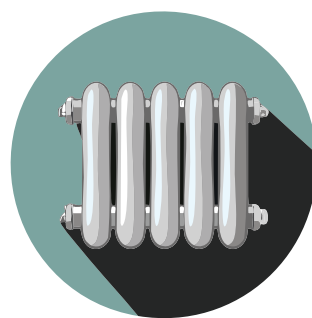
Always leave a gap between your furniture and the wall to allow air to circulate.



When running a bath put cold water in first as this results in less steam and condensation.



Make sure to leave extractor fans running for at least 20 minutes after bathing or showering. Always close the door to stop the steam from travelling.



Don't dry wet clothing on radiators. This will release moisture into the air.



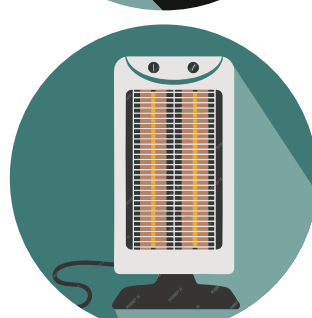
Wipe down windows, mirrors, tiles and shower doors with a cloth or squeegee to remove excess moisture.



When drying clothes indoors, always use a drying rack in a room where the door can be kept shut. Consider using a dehumidifier to catch the excess moisture.



When cooking, try to keep lids on pans, this will keep the steam in and also reduces energy usage.



Avoid using LPG/bottled gas heaters as these release lots of moisture into the air.



Only boil as much water as you need when boiling the kettle to reduce steam and save money.

## Contact Us

Email: [repairs@lrha.co.uk](mailto:repairs@lrha.co.uk)

Call: 01790754219 option 1



Scan the QR code  
to log any cases of mould