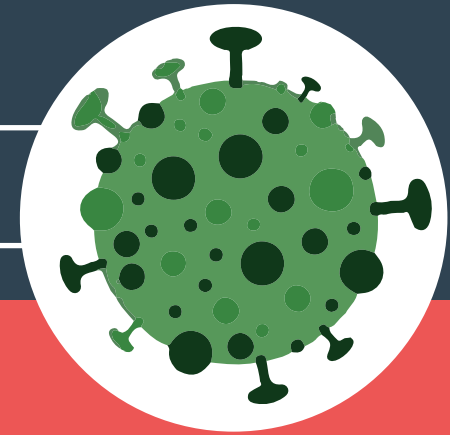


# MOULD

## PREVENTION TIPS



### Cooking & Washing

- Take shorter showers and be sure to put the extractor fan on.
- Close all doors when cooking or having a bath.
- Open windows when cooking and bathing, if possible.
- Place lids on pots and pans when cooking, this will speed up boiling time and reduce moisture escaping.



### Ventilation

- Opening windows will remove moist air, at least 5 minutes of having the window open a couple of times a day should be enough to remove moist air particles.
- Keep furniture away from external walls.
- Avoid filling cupboards with too many items.
- Use extractor fans in kitchens and bathrooms at all times.
- Dehumidifiers reduce moisture in the air, but can increase energy bills.



### Drying Clothes



- Where possible, always dry clothes outside. If not possible, use an ailer in a well-heated and ventilated room and keep door closed.

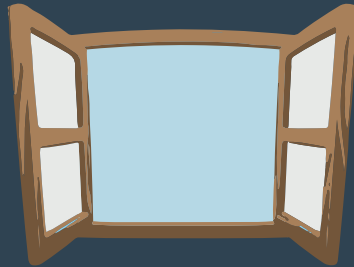
- Do not be tempted to put damp clothes on radiators or leave them to dry in bedrooms.
- If you have a tumble dryer, ensure this is vented externally or self condensing.

Preventing mould from building in your home during the cost of living crisis can be challenging. That's why we've put together these top tips to help you save money whilst preventing black mould in the home.

# MOULD

## PREVENTION TIPS

### Windows



- Open curtains and blinds during the day.
- Make sure window vents are left open
- Wipe down any moisture on windows to prevent mould growth.
- Open windows periodically to let fresh air inside.

Keep indoor humidity level below

# 70%

Hygrometers are fairly inexpensive to buy, if necessary we could provide you with one.

### bathrooms

- After use, leave the door closed with the fan on and window open for at least an hour, if possible.

- Use bathroom radiators.
- Wipe down the shower screen, tiles and mirror after each use.



The key to mould prevention is moisture control

### heating

- In cold weather, the best way to keep rooms warm and avoid condensation is to keep a low constant heat, rather than short bursts of high heat when you are in the house.
- Don't turn off radiators in rooms that are not in use.
- We appreciate that high energy prices can mean heating your home is unaffordable. If you are struggling to afford your utility bills please contact our Resident Engagement Team