



Benefit Cap

Benefit Cap In autumn 2016, the benefit cap was reduced. If you live in Greater London, the cap was reduced to £23,000 for couples with /without children and to £15,410 for single people without children. If you live elsewhere in the country, the cap was reduced to £20,000 and £13,400 respectively.

The benefits included in the cap are: Income Support, Jobseekers Allowance, Employment and Support Allowance, Child Benefit, Child tax Credits and Housing Benefit.

If these benefits total more than the yearly allowance, then Housing Benefit is reduced to bring your income under the cap. This is equal to £384.61 per week for couples/families living in the UK.

For more information about the benefit cap changes, visit www.gov.uk/benefit-cap